

## Rules

In order to have a safe and enjoyable experience, please follow these rules when visiting Sky High Sports.

Note: This is not an all-inclusive list. Rules may change, be updated, or revised as needed to promote the safety and wellness of all guests.

### **General rules:**

No running

No foul language

No chewing gum

No outside food or drink

For those under 18, Waivers must be signed by the jumper's own parent or legal guardian.

For those 18 and over, please bring ID.

Tip: For ease of check-in, please complete the online waiver before you arrive.

We do not allow those wearing casts, hard braces, helmets, or other protective gear to jump with in the facility.

### **Trampoline Rules:**

We only allow guests to jump in bare-feet or while wearing Sky High Grip Socks (on sale at the front desk).

Persons wearing casts, hard braces, helmets, or other protective gear are not allowed on the trampoline courts

Courts may be divided by age group. Only the assigned age groups may jump on that specific court.

No double bouncing

No double flips

No cameras, cell phones, or electronics on the courts

No sitting or lying down on the trampoline court

Thank you for understanding the need for these rules, as they help make our facility a safe and enjoyable experience for all.